

University of Portland School of Nursing & Health Innovations

Sample BSN Curricular Sequence for Students Who Enroll as First-Year Students

Years 1 and 2

First Year	NRS 104: Nursing Professionalism and Practice (3) Total credits: 13-17*	NRS 116: Health & Wellness Across the Lifespan I (3) Total credits: 13-17*
Second Year**	<u>NRS 216 Cohort**</u> NRS 216: Health & Wellness Across the Lifespan II (3) Total credits: 13-17*	<u>Health Assessment Cohort**</u> NRS 204: Foundations in Health Assessment (3) NRS 206: Professional Practice: Health Assessment (1) NRS 217: Preparing for Professional Practice: Health Assessment Seminar (1) Total credits: 13-17*
First/Second Year BSN Foundation Requirements	<p style="text-align: center;"><u>BSN Foundation Requirements</u></p> <p style="text-align: center;">BIO 205/005 Foundations of Biology with workshop (satisfies a University Core Curriculum requirement*; Year 1-Fall) BIO 305/365 Anatomy & Physiology 1 with lab (Year 1-Spring) BIO 306/366 Anatomy & Physiology 2 with lab (Year 2-Fall) BIO 359/379 Microbiology for Nurses with lab (Year 2-Spring) MTH 161 Elementary Statistics (satisfies a University Core Curriculum requirement*)</p>	
First/Second Year University Core Curriculum Requirements	<p style="text-align: center;"><u>University Core Curriculum Requirements*</u></p> <p style="text-align: center;">Students should complete 12 of the 14 University Core Curriculum requirement classes during Years 1 and 2 or establish a plan of completion with their Academic Advisor.</p> <p style="text-align: center;">THE 448X Theological Dimensions of Suffering & Death is completed in Year 3 and satisfies one Exploration Level Core requirement. BSN students must take ONE additional Exploration Level Core class before graduation. See the this webpage for Exploration Level Core class options.</p> <p style="text-align: center;">All students must complete at least 120 credits to graduate.</p>	

*See [University Core Curriculum Requirements](#) for details.

**Approximately half of students in Year 2 will be placed in the NRS 216 Cohort in the Fall semester, and the other half will be placed in the Health Assessment Cohort. The opposite block will be taken in the Spring semester.

The requirements to progress to Year 3 of the BSN program include:

- Overall (cumulative) GPA of 3.0 or higher
- A grade of B- or above in the following science courses: BIO 305, BIO 365, BIO 306, BIO 366, BIO 359, BIO 379
- No more than 3 outstanding University Core and/or Minor requirements, or has established a plan of completion with their Academic Advisor
- (A complete list of BSN program progression requirements is available in the [University Bulletin](#))

Because nursing is a dynamic field, the nursing curriculum is subject to change at the School of Nursing & Health Innovations' discretion.

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Year 3

Third Year	<p><u>Acute Cohort</u> NRS 317: Acute Illness Management Across the Lifespan (3) NRS 308: Professional Practice: Acute Illness Management (4) NRS 325: Pathophysiology & Pharmacology I (3) THE 448X: Theological Dimensions of Suffering & Death (3) <i>[satisfies one of two Exploration Level Core requirements]</i> Total credits: 13</p>	<p><u>Population Health Cohort</u> NRS 302: Nursing Licensure Lab (1) NRS 316: Population Health & Wellness Across the Lifespan (3) NRS 306: Professional Practice: Population Health & Wellness (4) NRS 304: Nursing Inquiry for Professional Practice (3) NRS 326: Pathophysiology & Pharmacology II (3) Total credits: 14</p>
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- Approximately half of students in Year 3 will be placed in Acute Illness Management for the Fall semester, and the other half will be placed in Population Health. The opposite block will be taken in the Spring semester. All students take NRS 325 in Fall and NRS 326 in Spring.
- All classes must meet Mondays, Wednesdays, and/or Fridays.
- On-campus professional practice (simulation) and off-campus professional practice (clinical placements) are on Tuesdays and Thursdays.

Year 4

Fourth Year	<p><u>Practicum Cohort</u> NRS 460: Senior Practicum: Advancing the Culture of Health (3) NRS 408: Professional Practice: Senior Practicum (4) NRS 417: Complex Condition Management Across the Lifespan (3) NRS 440: Social Justice & Population Health (3) Total credits: 13</p> <p><i>Note: Professional practice schedules this semester make it impossible to add courses.</i></p>	<p><u>Chronic Cohort</u> NRS 400: Nursing Licensure Lab (2) NRS 416: Chronic Illness Management Across the Lifespan (3) NRS 406: Professional Practice: Chronic Illness Management (4) NRS 480: Life-Long Learning (3) Total credits: 12</p>
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- Approximately half the students in Year 4 will be placed in Senior Practicum for the Fall semester, and the other half will be placed in Chronic Illness Management. The opposite block will be taken in the Spring semester. All students take NRS 480 in the Spring.
- For the Practicum Cohort, all classes must meet on Tuesdays, or all classes must meet on Thursdays. All remaining days (including weekends) are available for possible professional practice hours.
- For the Chronic Cohort, all classes must meet Tuesdays and/or Thursdays. On-campus professional practice (simulation) and off-campus professional practice (clinical placements) are Mondays, Wednesdays, and Fridays.