

# Excerpt from the *University of Portland School of Nursing Undergraduate Student Handbook*

## Dress Code

Students must adhere to SON dress and appearance standards when functioning in a professional capacity in all on-campus and off-campus professional experiences. On-campus professional practice includes lab instruction and simulation time in the SON SHC. Students are required to be in the approved SON uniform for all professional experiences. Students not adhering to the dress code for professional practice will not be admitted into the professional practice setting. Missed experiences for failure to adhere to the dress code may affect a student's ability to pass the course.

Students are required to be meticulous regarding personal hygiene.

- Uniforms, shoes, shoelaces, socks, hair, and skin are all required to be clean and free of odor.
- The use of deodorant and mouthwash is encouraged.
- Fragrances are not to be worn due to patient sensitivities and potential allergies.
- Gum chewing is not allowed in professional practice situations.
- Students will maintain nails that are short and clean.
- Artificial nails are not allowed.
- Nail polish (clear or colored) is not allowed to reduce the spread of infection.

Hair is to be arranged neatly and secured with hairpins, plain clips, or rubber bands, etc., so that it will stay out of eyes and working area.

- Hair may not be dyed in unnatural colors such as blue, pink, or purple, and may not have extreme color differences.
- Beards are to be clean, neat, and well-trimmed.

Jewelry is limited to one watch, one ring or wedding set per hand, and one set of "post" type earrings that may be worn in the earlobes. If gauges in ears are present, flat plugs of a solid color may be worn - no tunnels or hangers.

- The wearing of the Providence Scholar pin on the student uniform in the agency setting will be the decision of the student.
- Body piercing other than earrings must be removed. This includes all facial piercings.
- Visible tattoos must be covered.

## Protective Equipment

- Students will use personal protective equipment (eyewear, masks, gowns, gloves) as prescribed by the policy of the agency to which they are assigned.
- It is generally expected that the agency will provide this equipment for students. If this is not possible, the SON will provide such equipment as recommended by the agency's policy.

## The SON Uniform

The basic uniform consists of scrubs with matching tops and bottoms. Two sets must be purchased from the UP Bookstore. Scrubs must:

- Be kept in good repair and not faded.
- Be wrinkle-free.
- Not be tight-fitting.
- Be laundered after each day of client contact to reduce the spread of infection.
- Have the SON patch applied to the left arm (see Appendix H).
- A plain white or black long or short sleeve T-shirt or tank top may be worn under the scrub top and tucked in.

Socks must be worn while in uniform.

Shoes must be closed-toe and closed-heel. Shoes must:

- Have the primary color as black, white, or grey. Accent color is acceptable.
- Not contain overall prints such as stripes, polka dots, plaid or animal print.
- Have flexible soles and low heels. Athletic shoes are acceptable.
- Not be canvas or suede.

The SON professional practice photo ID badge must always be worn and readily available as part of the uniform. The SON will provide the badge to the student at the start of the first professional practice course.

## Professional Dress Guidelines (when not in uniform)

Students will arrive at clinical settings conservatively and professionally dressed. Before entering any agency, students must clarify with faculty what the dress requirements are for the specific clinical agency setting to which they are assigned. Regardless of the dress requirements, students must wear the SON professional practice photo ID badge in all agency settings at all times.

Students are expected to comply with the dress requirements of the clinical setting or agency to which they are assigned. Students in clinical settings prior to assigned clinical time to gather information in preparation for professional practice care must wear their SON clinical photo ID badge. Some agencies require students to wear their complete SON uniform and professional practice photo ID badge for professional practice preparation.

Failure to meet professional dress guidelines will result in the student being sent home, resulting in an unexcused absence for missed professional practice experience.

*Professional dress includes, but is not limited to:*

- Dress pants or khakis (not skin tight).
- Tops: short or long sleeved collared shirt and/or sweater with a professional appearing neckline and length.
- Dresses or skirts must be knee length or longer.

- Clothing may not be 'see through'.

*Examples of inappropriate dress for which students will be sent home include, but are not limited to:*

- Sweat pants.
- Sweat shirts.
- Short skirts.
- Plain or logo T-shirts.
- Leggings/pajama bottoms.
- Jeans.
- Shorts.
- Halter tops.
- Bare midriff or torso skin exposed.
- Any sexually provocative attire.
- Flip flops, sandals, shoes with holes.